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Heartland Farm Sanctuary
PO Box 45746
Madison, WI 53744

Newsletter

Our First Year

By Dana Barre, Founder & Executive Director

As I reflect back on our work over the last 12 months, I simply cannot believe how far Heartland has come in so short a time. In the last year some well-meaning folks have cautioned me to proceed slowly, as stories abound of animal shelters that took in too many animals, and got in over their heads.

But moving slowly is not my style, especially when the time to be an ally to animals and children in need is now! I've met too many people in the last twelve months that call Heartland a blessing for farm animals, who number in the 40 million range in Wisconsin yet until now haven't had a shelter to call their own. I've heard too many shelter directors lament the lack of adoptive homes for the farm animals they take in. I've witnessed too many children light up and open up when interacting with our gentle creatures. With all these compelling reasons to grow Heartland into a safe haven for animals and people alike, why take our time?

FIRST YEAR ACCOMPLISHMENTS

So, for a short list of Heartland's accomplishments in our first year:

- We began with 2 goats, and now care for almost 40 neglected, abandoned and surrendered farm animals;
- We began with one volunteer, and now have 5 animal care staff, a staff therapist, more than 20 regular volunteers, and one very busy assistant director;
- Heartland's first home was a retrooled chicken coop. We now shelter our



animals in a beautiful 25-stall barn on 25 acres of land, on loan to us for the next 4 years;

- We have begun to dispel the false stereotypes of farm animals as unthinking, unfeeling beasts, and help people see them for the intelligent, sentient (and just plain *amazing*) beings they really are;
- Special needs youth visit our barn weekly to help care for our resident animals, also gaining a sense of accomplishment and connection.

Fortunately, Heartland has picked up many caring, dedicated folks along the way to manage our daily work. In this, our first quarterly newsletter, you'll get to know some of the beautiful souls who look after our residents and make our barn a safe and wondrous place for the vulnerable children we are beginning to serve.

As Heartland enters its second year of helping farm animals *and* people, your financial support is critical. I hope you will consider donating whatever you can – as we could not exist without the gifts of generous folks. With that support, *incredible* things will happen, and I look forward to bringing you along on our adventure!

Barn Update

By Sarah Solberg, Animal Caregiver



We sure do have an exciting bunch of animals in our barn! Our newest arrivals include three turkeys, Eddie, Bella, and Esme; two llamas, Thor and Mick; three Pekin ducklings and several new roosters and hens. They are in addition to our goats, sheep, pigs, goose and chickens that have been our longstanding residents at the barn. Each animal has a personality all their own, and with each day they are able

to show it more and more!

Where Do They Come From?

A fair amount of our animals have been rescued due to owners being unable to financially care for them anymore, or because they were found stray; as was the case with our three cute ducklings. Luckily, Heartland was able to swoop in and provide them with the care, love and attention they deserve

thanks to the donations of our wonderful supporters.

How Do They Spend Their Day?

Every day we take the animals out to graze in the beautiful pasture at the farm, and it is a wonderful mixture of different species living together in harmony. You will often find our sheep and goats hanging out near our goose, Gracie, and they seem to be great friends!

Bertram is one of the most gentle, intuitive animals we have. It seems that anytime I am sad, he will undoubtedly be right there by my side, seemingly just wanting to comfort me. He proves time and time again how strong the healing power of animals can be.

Our new female turkeys, Esme and Bella, are so sweet and attached to being around people. When left outside with the other animals, they flew all the way around our large barn and back in an open window just to be around us. They immediately resume following us around and making their cute little noises.

What's Happening Now?

We've begun taking in a few feral cats from Dane County Humane Society to adopt out to farms that will provide a great home to them. Stay tuned to hear more about our flourishing family of animals!

Jamie Monroe Talks About Her Volunteer Experience at Heartland Farm Sanctuary

I started volunteering for Heartland Farm Sanctuary in January 2011. I discovered HFS while perusing Facebook one evening. I spend all day in an office, and was desperate for some fresh air and an opportunity to work hands-on with animals. I was intrigued by Heartland's unique mission statement and the photos of two dreamy-eyed piglets yanked at my heart. HFS definitely fit the bill.

I admit I was slightly intimidated at first. I had enough experience with caring for dogs, cats and the like, but was basically a total novice when it came to farm animals. Sure, I was an expert at handling guinea pigs, but real barnyard pigs?! I was relieved when I found out much of the staff and my fellow volunteers were also new at this – learning together has made the experience that much more gratifying.

Volunteering at HFS has given me the opportunity to do and experience things I never would have otherwise. Romping around in the pasture with the goats and sheep, lathering sunscreen on our two precious pigs and hearing the sweet pitter patter of Gracie the goose's footsteps behind me as I care for the rest of the animals – all of it can turn a ho-hum day into something special. If I'm having a crummy day, I find it ridiculously hard to remain grumpy after spending some time with our two llamas (they somehow manage to pull off a look that is both silly and regal) or the roosters, who really do wear their emotions on their feather sleeves. I'm surprised every day about just how personable all of these animals are.

Along with the feathered and furry kind, I've met some great, hardworking people who are inspiring to work with. They truly adore these animals, and it's rewarding to be part of such a supportive team where everyone has the same goal: to give them the best care possible. I'm looking forward to experiencing HFS grow and evolve even more than it already has.

Park School – Learning to Serve

By Ellie Grosspietsch and Emma Neumann, 5th Grade Students



Students do not have to be in a school to learn. Over the past several years, the fifth graders at Park School in Cross Plains have extended the walls of the classroom to participate in service learning projects to benefit the community.

This year we wanted to do something to help animals.

We found out about Heartland Farm Sanctuary and the stray, abused, neglected and/or homeless

farm animals who live there. We knew that they needed our help, so we invited Dana Barre, founder/director of HFS, to come to our school and inform us of the animals' and barn's needs. Soon after, we broke into research groups and scheduled a field trip for the end of the school year. Our research groups included snack garden, animal



enrichment, volunteer gathering, education and public relations.

At school, the garden group got busy planting vegetable and herb seeds under grow lights. As a fundraiser, all students painted clay pots in which we planted the herbs to sell at our spaghetti dinner. The rest of the good plants were put into garden beds after we removed the sod and tilled the earth. Families are signed up to tend the gardens and harvest the vegetables to take to HFS for the animals all summer and fall.

Another group researched ways to enrich the animals and came up with ideas of things to build for them. Then our volunteer gathering group found many volunteers, including parents, grandparents and even family friends. On our field trip, with the help of the volunteers, some of whom were carpenters, we built many things including a low, wide teeter-totter, a climbing structure, nesting boxes and steps to stand on so we can see into the stalls. We also designed and decorated nameplates for all of the animals and hung them outside of their stalls. The pigs needed a new pasture, so we drove

fence posts and attached fence panels, creating a new pasture on the east side of the barn. Some other projects were reinforcing weak barn doors, building a screen window that

swings open to allow the chickens to go outside during the day, mucking and preparing a big stall for two new llama residents and carrying in seventy bales of freed hay. But, of course, everybody's **favorite** part was chillin' out in the pasture with the animals!!

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Upcoming Events

August 3rd, 2011

7:00 – 8:00 pm

**Verona Public Library
Volunteer Orientation**

Join us to learn about Heartland's history, mission and vision as well as the many opportunities to volunteer your time. For more information call 827-2800.

August 11th, 2011

**Heartland Farm Sanctuary
2:00 – 4:00 pm**

**Madison Non-Profit Day: Barn
Tours**

Please visit us on Facebook for more details about this event.

August 20th, 2011

5:30 – 9:00 pm

**West Side Club
1st Annual Dinner & Auction:
That's A-moo-re!**

Tickets are \$50 and include a complimentary Italian dinner, dessert and wine. Tickets may be purchased online at www.heartlandfarmsanctuary.org

September 7th, 2011

7:00 – 8:00 pm

**Lussier Community Education
Center
Volunteer Orientation**

Join us to learn about Heartland's history, mission and vision as well as the many opportunities to volunteer your time. For more information call 827-2800.

November 12th, 2011

5:30 – 9:00 pm

**Full Compass
Barn Dance**

Watch our website for more details.

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The public relations group wrote an article for the district e-news and contacted NBC 15 to get a camera crew to interview and film us on the day of the field trip. The education group presented information about the animals and the sanctuary to all of the classes in the school so they could feel like a part of the project.

From home and school, some of us raised money by selling over \$2,000 of organic, fair trade coffee with photos of two of the sanctuary's animals on the labels. We used some of the money to purchase a HUGE fan to help keep the barn cool and dry, some weeding tools, a big garbage can, battery operated lights for the storage stall and more!

Every one of us learned a baleful about volunteering and helping animals in need in our community. In the process we had loads of fun and are so grateful for the experience.



Therapeutic Programming: Gina Aguglia

I am a recent graduate of the University of Denver's Graduate School of Social Work. The best thing about receiving my graduate degree in Denver was the school's unique program that coupled an MSW degree with an Animal Assisted Therapy certification. My last year of graduate school was focused on learning how to put Animal Assisted Therapy theory into practice. I was able to develop skills as a clinical social worker with an emphasis in utilizing animals in the therapeutic treatment process with a variety of different individuals and populations. I am excited to take the valuable skills I have learned and apply them to Heartland! My expertise is working with high-risk youth and providing them with the tools to increase their likelihood of becoming successful, empowered individuals through animal assisted intervention. Animals act as the catalyst between a young person in need of services and achieving their personal goals.

Interacting with an animal can improve a youth's social and emotional functioning, increase their pro-social behaviors, improve their academic performance, and increase their empathy, respect, and responsibility towards both humans and non-humans in the community. I am also eager to

work with the elderly population in nursing homes and senior centers to provide Animal Assisted Activities in conjunction with enhancing memory, fine motor skills, and general affect. Utilizing animals in improving the lives of individuals is my passion, and I am so happy to be a part of Heartland's Therapeutic Animal Assisted Activities team!



That's A-moo-re!
Saturday, August 20th, 2011
5:30 – 9:00 PM
West Side Club

Emceed by NBC 15's Dana Brueck

Proceeds from the evening will be used to fund Heartland's farm animal rescue and therapeutic animal-assisted youth programs.

Tickets are \$50 and include a complimentary Italian dinner, dessert and wine.

Purchase your tickets online at www.heartlandfarmsanctuary.org

If you would like to donate an item for the auction or would like to volunteer on our planning committee, please email Dana Barre at dana.barre@heartlandfarmsanctuary.org

Heartland Farm Sanctuary is still searching for our permanent home. Our ideal property will be:

- Located in Dane County
- 50+ acres
- Donated or greatly reduced in price
- Long-term lease considered

If you have land that meets these requirements, please contact Dana Barre

Phone: (608) 219-1172

Email: dana.barre@heartlandfarmsanctuary.org

Help Me Heal Fund

You Can Help Provide Life Saving Treatments for Animals in Need

We all understand how quickly medical bills can add up even with the best insurance policy. The same is true for our furry and feathered companions at Heartland Farm Sanctuary. We have had our share of expenses come up at Heartland over the past several months.

Remember Pokey?



Pokey fell off a transfer truck as a piglet with her three sisters and received multiple fractures to her fragile bones. Thanks to the fast response from a kind couple who witnessed the event, Pokey was rushed to a vet clinic for immediate care and adopted as a companion. As she grew, she developed painful arthritis in her joints that requires daily medication to manage the inflammation and pain.

Remember Speckles?



Speckles had to have a costly surgery to amputate part of her wing. We are happy to report she is adjusting to life with one wing well.

In order for Heartland to continue to be able to help animals like Pokey and Speckles, we need your help. Please consider making a tax-deductible donation to our Help Me Heal Fund to help us help these gentle souls receive the much needed treatment they deserve.

Donate online at www.heartlandfarmsanctuary.org or by mailing a check payable to:

Heartland Farm Sanctuary, PO Box 45746, Madison, WI 53744

Heartland's Private Label Coffees

Another Way You Can Help Support Our Animals and Programs

Our coffee is supplied by Just Coffee, an organic, fair-trade coffee cooperative in Madison. Choose between two delicious blends:

Clark's Dark
Just Coffee's Dark Bolivian blend

Good Morning Maxine!
Just Coffee's Medium Nicaraguan roast



Each 12 ounce bag can be yours for just \$10. 100% of the profits (\$3.50 per bag) go to Heartland Farm Sanctuary and its animals.

Please support us today – buy a bag for yourself or a friend. Or, you can buy in bulk and sell Heartland Coffee as a fundraiser (or at your business, as Willy Street Coop has done this summer) to help our animals and the vulnerable youth they serve.

To order or host a fundraising event, call Dana at (608) 219-1172.

Volunteer at Heartland Farm Sanctuary

An Extremely Rewarding Experience!

There are many ways to help support the mission of Heartland Farm Sanctuary. We have a need for every skill set including working directly with the animals at our barn, building and/or repairing structures at the barn, helping with office projects, website design, serving on an event planning committee or hosting your own fundraising event. There are many possibilities!

Not only will you be helping support the animals in our care and vulnerable youth in Dane County, but you will also be helping yourself. Whether it is developing a bond with our animals, staff and other volunteers or developing valuable skills that could be helpful in your career. There are many reasons to volunteer your time.

If you have questions or would like more information, consider attending one of our monthly volunteer orientations or contact Kristin at (608) 827-2800 or email kristin.roosmalen@heartlandfarmsanctuary.org.



Animals Ready for Adoption

Provide a forever home for an animal in need

We have two semi-feral cats that are looking for a forever home! These two came to us from Dane County Humane Society and are already spayed/neutered, vaccinated and in good health.



The male cat is a young adult orange tabby and the female cat is a grey young adult. At this time both are We are socializing both cats daily, so they are becoming friendlier to people.



If you are willing to provide indoor or outdoor shelter, food and water, there is no adoption fee for these cats!

Contact Dana Barre at (608)219-1172 for more information.

Wish List

Heartland is in need of the following items:

- Pine Shavings
- Bath towels
- Moveable chicken coop
- Chicken run
- Bag of animal feed from Mounds Pet Food Warehouse: Mazuri Waterfowl, Chicken Feed, Pig Feed, Goat Feed
- Printer paper
- Black Ink cartridges for Epson WorkForce 520 printer
- Three hole punch
- Stapler
- Tape/Tape dispenser
- Manilla file folders
- Manilla file labels
- Hanging file folders
- Paper clips
- Binder clips
- White out
- Desktop paper
- Pens
- 3 ring binders
- Filing cabinet
- Address labels for printer
- Self-adhesive envelopes (4 1/8 x 9 1/2)
- Post-it notes
- Projector
- Sharpie (black) markers
- Highlighters
- Stamps

To donate an item, contact Dana Barre (608) 219-1172.

You Are Invited

Photo Reception at Absolutely Art



As part of Madison Non-Profit Day, a day to celebrate and promote awareness of the city's non-

profits, the work they do and the communities they serve, photographer Brooke Lewis selected Heartland Farm Sanctuary as her organization of choice to photograph. Her photos will be available to view in the 'Stories' exhibit the entire month of August at Absolutely Art located at 2322 Atwood Ave, Madison.

The 'Stories' exhibit focuses on providing a visual expression of nonprofits contribution to Madison. Eight local photographers donated their camera and skills to showcase Madison-area essential nonprofits, from animals to shelters. Clint Thayer, Tony Vang, Monique Karlen, Bryan Gladding, Amber Arnold, Brooke Lewis, Caroline Hoffman, and Mary Kay Baum have turned their lenses on more than 20 local nonprofits, including: Dream Bikes, Briarpatch, East Madison Community Center, Dane County Timebank, Porchlight, Middleton Outreach Ministry, Heartland Farm Sanctuary, Henry Vilas Zoo, WORT-FM.

These photographers have set out to capture the moments of nonprofits providing joy, easing pain, supporting families, and enhancing the experience of living in Madison.

To learn more, visit www.madisonnonprofitday.org/stories

The opening reception is Friday, August 5th from 5 – 9pm. We hope you will join us there.

Camp Heartland

A Summer Day Camp for Youth

Our first one day version of our Camp Heartland program held recently was a complete success! Children aged 7 – 14 came to the barn for either a morning or afternoon session that was filled with humane education, work projects, arts and crafts and lots of personal one on one time with our animal residents.

The morning session all got to participate in different daily activities at the barn from some of our daily tasks such as getting food and water for the animals, to just sitting down and petting and socializing the animals. The campers had a discussion about the needs of farm animals, and connected how many of those needs are very similar to those of their pets at home. The campers took a walk through the beautiful pasture with several of our sheep and goats. During the walk they did a scavenger hunt in which they identified different animals, trees, and flowers around them. At the end of the morning camp, Casey who is 8 years old, exclaimed that he would be coming next year, "for the whole day!"

The afternoon session started with an observation of the animals in the pasture. There was a discussion on what farm animals need and why many of the animals are residents of Heartland. The group talked about body language and how animals communicate without being able to speak. The group also touched on the differences and similarities between how humans and animals investigate their surroundings. The group was very engaged and had a lot of great input! One camper, Hunter, was

surprised to find the goats so social and personable. He said, "A goat is like a goat's body with a dog's brain!" It appeared that many of the children did not realize just how similar their household pets are in regards to emotional connections as our farm animals! After snack time, the group decided to take a hike down into the country side. The sheep, a couple goats, and two of the turkeys followed the group down. When the group got back to the barn they were able to visit the ducks and fed the pigs. They also got to observe the

llamas and learn the proper way to meet a llama for the first time. Lastly, they sat down to do an art project and talk about their experiences. It appeared everyone had a great time!

With no child wanting to leave at the end of their session, we consider this a huge success for everyone who attended. We look forward to being able to offer more of these sessions in the future and rolling out our longer one week version next summer.

If you would like to sponsor a camper in our future sessions, please contact Dana Barre at (608) 219-1172.



YES! I would like to help homeless farm animals and vulnerable children connect, heal and grow.

Donate online at www.HeartlandFarmSanctuary.org OR make checks payable to HFS and mail to the address below.

Name _____
 Address _____
 City _____ State _____ Zip _____
 Telephone _____
 Email _____

In acknowledgements and publications, please list my name as _____

I would like to help Heartland Farm Sanctuary provide for all the beings in their care (please choose one):

- \$1,000 Founder
- \$500 Benefactor
- \$250 Patron
- \$100 Sponsor
- \$50 Friend
- \$25 Donor
- Other \$ _____

You will receive Heartland's quarterly newsletter and email updates.

Please send your contributions to: Heartland Farm Sanctuary, PO Box 45746, Madison, WI 53744

Heartland Farm Sanctuary is a 501(c)(3) non-profit organization. Your contribution is tax-deductible.

Heartland Farm Sanctuary
 PO Box 45746
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